








METROPOLITAN BALLROOM



July 2019

2935 Providence Rd, Ste 200, 704-364-1871

www.metropolitan-ballroom.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Social Smooth Couple Group 8pm Waltz	2 Argentine Tango Beginner 8pm Intermediate 8:45pm Practice 9:30-10pm	3 7:30 Group Midweek at Metro with Mike Tango 8:30-10:30 Maria St John Party	4  Closed	5 Closed for July 4 th Holiday Manhattan Dance Competition	6 Closed for July 4 th Holiday
7 3 PM \$5 Beginner Class Cha-Cha NO Progressive Class Today 5 PM Showcase Photoshoot 	8 Social Smooth Couple Group 8pm Waltz	9 Argentine Tango Beginner 8pm Intermediate 8:45pm Practice 9:30-10pm 	10 7:30 Group Midweek at Metro with Mike Cha-Cha 8:30-10:30 Maria St John Party	11 WWW Technique Class 8pm Standard/Smooth (Alyona)	12 Stars & Stripes Studio Party 7pm West Coast swing group Class 8-10pm General Dancing 	13 Richelle's Dance Fitness 10-11am USA Dance 8pm 
14 3 PM \$5 Beginner Class Tango 4PM Progressive Class #8(Cha-Cha/Foxtrot)	15 Social Smooth Couple Group 8pm Waltz	16 Argentine Tango Beginner 8pm Intermediate 8:45pm Practice 9:30-10pm	17 7:30 Group Midweek at Metro with Mike Waltz 8:30-10:30 Maria St John Party	18 WWW Technique Class 8pm Latin/ Rhythm (Victoria)	19 North Carolina Open 	20 Richelle's Dance Fitness 10-11am 
21 3 PM \$5 Beginner Class Swing Next Progressive class- series will start August 11 th	22 Social Smooth Couple Group 8pm Waltz	23 Argentine Tango Beginner 8pm Intermediate 8:45pm Practice 9:30-10pm	24 7:30 Group Midweek at Metro with Mike Bolero 8:30-10:30 Maria St John Party	25 WWW Technique Class 8pm Standard/Smooth (Alyona)	26 	27 Richelle's Dance Fitness 9-10am Private Event
28 3pm \$5 Beginner Class Bolero	29 Social Smooth Couple Group 8pm Waltz	30 Argentine Tango Beginner 8pm Intermediate 8:45pm Practice 9:30-10pm	31 7:30 Group Midweek at Metro with Mike Samba 8:30-10:30 Maria St John Party			

